

## E Bulletin - St Innocent Orthodox Church

The Church St Innocent of Irkutsk is a parish of the Diocese of the West,  
The Orthodox Church in America (OCA)

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[stinnocenttarzana.org](http://stinnocenttarzana.org)

Fr. Yousuf Rassam

February 19<sup>th</sup>, 2023

Today's commemorated feasts and saints:

**SUNDAY OF MEATFARE – Tone 3. Sunday of the Last Judgment.** Apostles of the Seventy Archippus (Arkhipp) and Philemon, and Martyr Apphia (1st c.). Martyrs Maximus, Theodotus, Hesychius, and Asclepiodota, of Adrianopolis (305-311). Ss. Eugene and Macarius, Presbyters and Confessors, at Antioch (363). Ven. Dositheus of Palestine, disciple of Ven. Abba Dorotheus (7th c.). St. Rabulas of Samosata (ca. 530). Ven. Theodore of Sanaxar (1791).

# Meatfare Sunday



## THE SCALES OF JUDGMENT

**I**t is not popular in our day to talk about judgment. Not too many people, it seems, are concerned about judgment and all that it implies. The Scriptures, however, deal with this subject in no uncertain terms. The Gospel of Matthew contains this graphic description: “When the Son of Man comes in His glory, and all the angels with Him, then He will sit on His glorious throne. Before Him will be gathered all the nations, and He will separate them one from another . . .” Then our Lord goes on to describe the judgement based on love, identifying Himself with “the least of these My brethren.”

Ancient Christian writings and art forms became very graphic in their depictions of judgement. It was not unusual to see the angel of judgment carefully handling a scale. Into one end of the scale are placed the record of good deeds, and into the other end the record of vices. Great consternation is shown by the evil spirits as the scale tips in favor of the goodness of the person being judged.

The Creed also testifies to our belief in the judgment, saying that Christ “shall come again with glory to judge the living and the dead.” But there is also judgment in this life, indeed, every day of our lives. It’s just another way of saying: you don’t get away with anything. We know that everything we do marks us. Everything we say, leaves an impression. This is judgement taking place day by day.

To cite some instances of how this works, consider the person who drinks heavily. Well, it won't be long before there are problems in the family and sickness in the person. Or, say a person takes drugs. Soon there is deterioration of health; again judgement is taking place. Sometimes this judgement even involves others, such as a child of a mother on drugs.

So let us not scorn the idea of judgment or accountability. People reap in life pretty much what they sow. Life has a way of dealing with us to even things out. We can’t really get away with anything. We get back in life what we put into it.

As for those cases that seem like exceptions to all this, as when the just suffer and the wicked prosper, let us remember that the final tally is not yet in. On Judgement Day, the Lord will take care of all these situations.

*The Orthodox Weekly Bulletin* . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.

**SCHEDULE ALL SERVICES LIVE STREAMED.**

**Matins Gospel:** Mark 16: 9 – 20 (*3<sup>rd</sup> Matins Gospel*)

**This Week’s Epistle:** 1 Corinthians 8: 8 – 9: 2 **Gospel:** Matthew 25: 31 – 46 (*Last Judgment*)

**Reader:** Matthew

**Today** 9:30 am Liturgy  
**Wednesday** 6:30 pm Moleben w/ Kontakion of Adam’s Lament  
**Saturday** 5:30 pm Vespers  
**Sunday** 9:30 am Liturgy, Forgiveness Vespers

**Next Week’s Epistle:** Romans 13: 11 – 14: 4 **Gospel:** Matthew 6: 14 – 21 (*Forgiveness*)

**Reader:** James

**Office Hours:** Tuesday & Thursday, 10:30 am – 12:00 noon. **Confessions:** After Saturday Vespers and by appointment.

**Receiving Holy Communion:** We should draw near to our Lord and God and Savior, Jesus Christ, and receive Holy Communion often. Orthodox Christians, who have prepared themselves through prayer and fasting, and are at peace with all men, and have attended the Divine Liturgy from the beginning, (or, at the very least, have not missed the Gospel), and have made a recent Confession, should draw near. Others should diligently seek to be properly disposed and prepared as soon as possible.

**Resources for this Sunday**

[Sunday of the Last Judgment: Readings & Hymns](#)

[The Great Fast: To See Christ as He Is, by Archbishop Dmitri](#)

[Great Lent: A School of Repentance by Fr. Alexander Schmemmann](#)

**Recommended Reading for Lent:** (in order), **1 Great Lent: A School of Repentance**, a pamphlet/booklet by Fr Alexander Schmemmann. **2 Great Lent: The Journey to Pascha**, a full book by Fr Alexander Schmemmann, **3** The introductory material in “**The Lenten Triodion**” by Met Kallistos Ware, **4** “**The Lenten Spring**” readings for every day of Lent by Fr Thomas Hopko. **5** Reading as much as possible from the Triodion itself.

**Announcements:**

Our Bulletins (\$60.00)	Alla Slobodskaya Izolda (Zoya) & Vladimir Sogokon
Our Altar Wine (\$40.00)	Gabriela Broncă & family good health & help in our needs.
Our Altar Candles (\$40.00)	Gabriela Broncă & family good health & help in our needs.
Our Altar Incense (\$20.00)	Gabriela Broncă & family good health & help in our needs.
Vigil – Golgotha I (\$7.00 /wk)	Caratās family
Vigil – Golgotha II (\$7.00 /wk)	Caratās family
Vigil – Prothesis (\$7.00 /wk)	Caratās family
- Broncă: Gabriela, Robert, & Carmen Iuliana. Good health, & help in need. Repose: Tasia.	
- Sogokon: for the health of Zoya, Vladimir, Irina, Anastasia, Vladimir, Vladimir.	

**Today is the Sunday of the Last Judgment**, the third ‘pre-Lent’ Sunday. Today is the last day for eating meat. This coming week, we do not eat meat, but otherwise we may eat milk, cheese, and eggs all week, including Wednesday & Friday. Forgiveness Sunday is next Sunday, February 26. Everyone who considers this their home parish should attend the Forgiveness Vespers on that date. Great Lent begins on Feb 27; Pascha is April 16.

**Collection today for Earthquake relief** in Syria & Turkey, at the dinner.

**Maslenitsa** - there will be a blini dinner after Forgiveness Vespers on February 26<sup>th</sup>, the last day before Lent, requested donation \$12.00.

**Diocese of the West Lenten Charity is the the diocese of Alaska.**

**Next Saturday at 4:30pm** we put the purple cloths under the gold and change the glass.

**2023 Wall Calendars** are here at the Candle stand. Requested donation this year, \$8.00. There is now no limit on calendar purchases.

**A House blessing** request may be obtained from Fr Yousuf.

**Adult Education** will be held this week, Wednesday after Moleben.

**Coffee Hour** please consider signing up in the New Year.

**Lectionary.** The Church Lectionary is reading chosen pre-lent readings on Sundays, and on on weekdays: 3 John, Jude & Mark.

**Coffee Hour, This Week:** Darka **Next Week:** Maslenitsa – Blini dinner

**USEFUL INFORMATION**

**Donations** We now have a [Tithe.ly](https://tithe.ly) page to make donating to the parish easy. Just click this link: <https://tithe.ly/give?c=1324837>. Thank you and God bless!

**Streamed serices can be viewed** at our website <https://stinnocenttarzana.org/livestream> or <https://stinnocenttarzana.org/facebook>, the streamed services are also uploaded here <https://www.youtube.com/channel/UCehqUqTl5kDekOrPPERcy5g>.

The daily readings and saints may be found here: <https://stinnocenttarzana.org/dailyreadings>.

**Troparion, Resurrection – Tone 3**

Let the heavens rejoice! / Let the earth be glad! / For the Lord has shown strength with His arm. / He has trampled down death by death. / He has become the first born of the dead. / He has delivered us from the depths of hell, / and has granted to the world // great mercy.

**Of our charity, remember in your prayers:**

February 19<sup>th</sup>, 2023

**Special Intentions:**

Christians of Syria, Egypt; Met. Paul, Abp. John, in captivity.  
Natalya & Alla in Donetsk  
Metropolitan Onuphry of Kiev

sister Oksana McGovern & family

**The Sick and those in need of health:**

Archbishop Benjamin,  
Archpriests Nicolas Boldireff, Paul Waisanen, George Gray, Michael Regan, Andrew Jacobs; Moses Berry; John Armstrong.  
Abbess Susanna; Protodcn Nicholas Jannakos;  
Matushki Alexandra Safchuk, Elizabeth Powell, Clara Mancantelli, Suzanne Senyo; Maria Vallens, Priscilla Shipley, Jean Moore;  
Monk John. Deacon Mark Story, Robert Peterson, Marios Perez, Barbara Anderson, Monika Cleenewerck, Marea Kuolt. OCA-DOW  
Manya Prybyla, Gregory Theophan Hoffberg; Virginia, Levon; Edmund Roschak, Darka Raicevich; Karen Olds;  
Alla Miller, Mike Shinkarik, Andrew Sturmer; Bridget Merridy Strand, Assia Alexander, Scott T. Karen T., Dmitri G., Kyra;  
Bill & Linda Phillips; Ed Salm; Raphael; Magdalena Elizabeth; Ludmilla, Anna, Margarita Maximova, Gayle Anne, Our Parish  
Nick Davidovich.  
Basil Rosiczka  
Lea Ann (Leah) Bochnak Laura Bochnak  
Vladimir Anya  
Laura, Eladia Manya Prybyla  
Matthew, Alison Thaddeus Wojcik  
Mildred Sturmer, Susan Sturmer family  
Martha Yarbrough Yarbrough family  
Margaret Banescu, Vona Leslee Christie, Hope Peacock and family. Banescu family  
Euphemia Marie Cox John Ambrose Cox  
George. Mihai Maria Caratás  
Mary, George Laurentiu, cancer treatment. Florentina  
Barbara, Steve Scott & the Thompson family  
Angela Apostol Constantine Apostol  
Yekaterina Lydia  
Lydia Manya Prybyla  
Hieromonk Ambrose (Young), Nicholas Juried & Amy. Archriest Michael Carney, Fr. Yousuf  
Matushka Sophia Haloulakos Protodeacon George Haloulakos  
Christina Dudchenko, Dcn. Sergius Miller, Kevin, Cecilia Gonzalez-Andrieu. Deacon Nicholas Denysenko & family  
Michael Rogozik  
Yulia.  
Lya, Marie, Yvonne Gay Butu  
Timofey Dilaria  
Kristina DeBree Kevin Patrick DeBree  
Reader John, Catherine, Dianna Bowen. Danks family  
Ruben Richard & Yolanda Durham  
Walter Irina  
Larry & Emma Abbe Kulhanek  
Anna Elena  
Pearl Ruggiero. Sheena Wickens, Veronica Clarkson, Anna Cruz, Anna Rossiter; Ward; Griselda Leon. Diane Rhodes  
Bruce Anderson, Audrey Anderson. Subdeacon Polycarp Anderson & family  
Larry McHargue; Laura; Robert; Kenny; Bill & Sara Love Anne McHargue Witz & family

**Those Serving in the Armed Forces**  
Peter, Elijah Hoffberg, Ronnie (Barnabas) Austin, Basil, Shae, Ian & Henry.

**For the Health and Salvation of the servants of God:**  
Catechumen: Dalen, Kelly, & Jamie, & Timothy Muster; Cameron; Melanie.  
newly Illumined Basil Bryce ;  
New born Orion Igor & Luda  
newly Illumined Nikolina Jovanna & Ilja  
Zlata Okunev, Artemi & Erica  
Chelsea Claire Nordstrom Matthew & Chloe Nordstrom  
Sebastian James Siskos Presvytera Wiborada Vickie Hoffberg Siskos & Priest Christian Siskos  
Charlotte, parents Jonathan & Michaela Durham  
Vitaly, Lyubov, Ella, Karen, Oksana, Valentina, Irina, Sofiya, Vladimir, Olga, Natalya, Tatyana, Irina, Elena, Evgeny. Tikhvin icon donors  
Alla, Dmitriy Jr., Dmitriy, Igor, Elena, Juliya, Tamara, Fredi. Alla Slobdoskaya  
Elena, Marisa, Dimitrios (Jimmy), Nicholas, Alexander, Dimitrios, Dionisius. + Lola Macrina  
Sherri, Nathanael, & Christopher, Amelia Marie.  
Aiden Frederick Parrish, Micah Parrish, new born Chloe Alyssa & Cyprian Parrish  
New born Thomas John Martin Lawman. Verity Annabelle Mary; Constance Alexandra. Alicia & Joshua Lawman  
Newly illumined Matthew; Nicholas Damiano, Magdalena Elizabeth. Stephen & Marisa Thompson  
Elijah, parents Aika & Dmitri Goudkov  
new born Rowan. Galina. Yelena, Anna, Wolfgang  
Margarita, Christopher, John, Lauren, Ekaterina. Margarita Maximova  
Catalina, Sofia, Florentina, Doina. Calugaru family

**Of our charity, remember in your prayers:**

**For the repose of the souls of the departed servants of God:**

**February 19<sup>th</sup>, 2023**

DoW

Newly Departed Bishop Tikhon +Jan 22, 2023

Newly Departed Hieromonk Vonifaty, Schemanun Savva

Newly Departed Yevgeny

Newly Departed Serge Boldireff, +Feb 5, 2023

Newly Departed Olga, +Feb 3.

Newly Departed Mary

Newly Departed Evelyn; Mark

Newly Departed Don Williams +Dec 30, 22; Janette Williams + Jan 1, 23.

Newly Departed Nelly Boudarina, +Jan 4, 2023

Newly Departed Irina Lototskaya

Mitred Archpriest Sergei Glagolev, +Sep 1, 2021, Matushka Gerry (Evgenia) Glagolev. +May 23, 2022.

Matushka Anisia Boldireff +Sep 1, 2021

Matushka Tresja Denysenko

+Feb 19: Archpriest Kirrill Gvosdev, 2019

Germogen & Olga Stephanenko

Valentina

Cor Brevet Delabruinene

Rodney Lake + May 20, 2021.

Paul Prybyla. +Jan, 10, 2021

Barbara Johnson

Stanislava

Hormuzd (Emmanuel) Rassam, + Dec 21, 2022.

Nun Seraphima (Anna Kremenetskaya)

Nun Nonna (Verna Harrison)

Igor

Lola Macrina

Edward Michael & Joan Sutyak

Leon & Claudine Snyder

Dmitri

David

Deacon Hennok Soot

Evdokiya, Anatoliy, Domnikiy, Semen, Feodosiy, Ella, Grigoriy, Nadejda, Konstantin, Svetlana,

Valentina, Anna, infant Anatoliy, Olga, Anna, Peter.

Anne Lewandowski

Marina, Alexandra, Petr, Boris, Tatiana.

Priest Anatoly + Sep 9.

Rebecca Svetlana (Photini) Gushard

brother Archpriest Nicholas

god-mother Mariya

Gay Butu

Diane Elizabeth Rhodes

Igor

Oksana

Christia, Marina, John & family

Archpriest Nicholas, Nathalie, Tamara, Marina, Michael & family

Deacon Nicholas & Sofia Denysenko & family

OCA

Larissa, Tatiana

Irina Jackson

Natalya Slusar Nosa & family

son-in-law & daughter Thaddeus & Jacqui Wojcik

Manya & family

daughter Nancy Smollen

daughter Milena; family

wife Kaye Rassam, son Fr Yousuf Rassam, daughter Najma Fowner & family

Konstantin, Taissia, Vladimir, Ioann Kremenetsky

Tamara, Christina, Michael, Anne & family

daughters Laura & Carol, & family

Boris

Mitred Archpriest Ian & Matka. Nina MacKinnon, DOW

DoW, Matushka Mariamna Soot, Fr Stephen Soot family, Mark & Olga Soot family

Alla Slobdoskaya

+ Raissa Dulian

Margarita Maximova

son Wade Aiden Greer, Fr Yousuf

## **Kontakion, Triodion, Last Judgement - Tone 1**

When Thou, O God, shalt come to earth with glory, / all things shall tremble, / and the river of fire shall flow before Thy judgment seat; / the books shall be opened, and the hidden things disclosed; / then deliver me from the unquenchable fire, // and make me worthy to stand at Thy right hand, O Righteous Judge!

## **At the Apostikha on Sunday evening: Tone 8**

Through greed we underwent the first stripping, overcome by the bitter tasting of the fruit, and we became exiles from God. But let us turn back to repentance and, fasting from the food that gives us pleasure, let us cleanse our senses on which the enemy makes war. Let us strengthen our hearts with the hope of grace, and not with foods which brought no benefit to those who trusted in them. Our food shall be the Lamb of God, on the holy and radiant night of His Awakening: the Victim offered for us, given in communion to the disciples on the evening of the Mystery, who disperses the darkness of ignorance by the Light of His Resurrection. *Heb. 13: 10; John 1: 29; I Cor. 5: 7-8; 11: 24.*

## Psalm 136 [137]

By the waters of Babylon,  
there we sat down and wept,  
when we remembered Zion. **Alleluia!**  
On the willows there  
we hung up our lyres. **Alleluia!**  
For there our captors  
required of us songs,  
and our tormentors, mirth, saying,  
“Sing us one of the songs of Zion!” **Alleluia!**  
How shall we sing the Lord’s song  
in a foreign land? **Alleluia!**  
If I forget thee, O Jerusalem,  
let my right hand wither! **Alleluia!**  
Let my tongue cleave to the roof of my mouth,  
if I do not remember thee,  
if I do not set Jerusalem  
above my highest joy! **Alleluia!**  
Remember, O Lord, against the Edomites  
the day of Jerusalem, **Alleluia!**  
how they said, “Down with it, down with it!  
Down to its foundations!” **Alleluia!**  
O daughter of Babylon, thou wretched one!  
Blessed shall he be who requites thee  
with what thou hast done to us! **Alleluia!**  
Blessed shall he be who takes thy little ones  
and dashes them against the rock! **Alleluia!**

### Stikhera of Repentance

*Sung from the Triodion on the Sundays of Pre-Lent and Great Lent.*

#### Tone 8

*verse:* **Glory to the Father, and to the Son, and to the Holy Spirit;**

Open to me the gates of repentance, O Giver of Life,  
For my spirit rises early to pray towards thy holy temple.  
Bearing the temple of my body all defiled;  
But in Thy compassion, //  
purify me by the loving kindness of Thy mercy.

*verse:* **Now and ever, and unto ages of ages. Amen.**

Lead me on the paths of salvation, O Mother of God,  
For I have profaned my soul with shameful sins,  
and have wasted my life in laziness.

But by thine intercessions, //  
deliver me from all impurity.

### Tone 6

Have mercy on me, O God,  
according to Thy great mercy;  
according to Thine abundant mercy, //  
blot out my transgression!

When I think of the many evil things I have done,  
wretch that I am,

I tremble at the fearful day of judgement.

But trusting in Thy living kindness,  
like David I cry to Thee:

Have mercy on me, O God, //  
according to Thy great mercy.

**Lord, I call. Tone 6 - Podoben:** *“Having placed all their hope ...”*

When Thou shalt come, O righteous Judge, / to execute just judgment, / seated on  
Thy throne of glory, / a river of fire will draw all men amazed before Thy judgment-  
seat; / the powers of heaven will stand beside Thee, / and in fear man kind will be  
judged / according to the deeds that each has done. / Then spare us, Christ, in Thy  
compassion / with faith we entreat Thee, / and count us worthy of Thy blessings, //  
with those that are saved.

The books will be opened / and the acts of men will be revealed before the unbearable  
judgment seat; / and the whole vale of sorrow shall echo with the fearful sound of  
lamentation, / as all the sinners, weeping in vain, / are sent by Thy just judgment to  
everlasting torment. / Therefore, we beseech Thee, O compassionate and loving Lord:  
/ spare us who sing Thy praise, // for Thou alone art rich in mercy.

The trumpets shall sound and the tombs shall be emptied, / and all mankind in  
trembling shall be raised. / Those that have done good shall rejoice in gladness, /  
waiting their reward; / those that have sinned shall tremble and bitterly lament, / as  
they are sent to punishment / and parted from the chosen. / O Lord of glory, / take  
pity on us in Thy goodness, / and count us worthy of a place // with them that have  
loved Thee.

I lament and weep when I think of the eternal fire, / the outer darkness and the nether  
world, / the dread worm and the gnashing of teeth, / and the unceasing anguish that  
shall befall those who have sinned without measure, / by their wickedness arousing  
Thee to anger, O Supreme in love. / Among them in my misery, I am first, / but, O  
Judge compassionate, // in Thy mercy, save me.

*verse: Glory to the Father, and to the Son, and to the Holy Spirit;*  
*from the Lenten Triodion, for the Sunday of the Last Judgement*

**Tone 8**

When the thrones are set up and the books are opened  
and God sits in judgment,  
what fear there will be then!  
When the angels stand trembling in Thy presence  
and the river of fire flows before Thee,  
what shall we do then, guilty of many sins?  
When we hear Him call the blessed of His Father into the Kingdom  
but send the sinners to their punishment,  
who shall endure His fearful condemnation?  
But Saviour who alone lovest mankind,  
King of the ages, before the end comes //  
turn me back through repentance and have mercy on me.

**The Apostikha - Tone 8**

Alas, black soul! / How long wilt thou continue in evil? / How long wilt thou lie in  
idleness? / Why dost thou not think of the fearful hour of death? / Why dost thou  
not tremble at the dread judgment seat of the Savior? / What defense wilt thou make,  
or what wilt thou answer? / Thy works will be there to accuse thee; / thine actions  
will reproach thee and condemn thee. / O my soul, the time is near at hand; / make  
haste before it is too late, / and cry aloud in faith: / I have sinned, O Lord, / I have  
sinned against Thee; / but I know Thy love for man and Thy compassion. / O good  
Shepherd, // deprive me not of a place at Thy right hand in Thy great mercy.