

E-Bulletin St Innocent Orthodox Church

The Church St Innocent of Irkutsk is a parish of the Diocese of the West,
The Orthodox Church in America (OCA)

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Fr. Yousuf Rassam

March 12th, 2023

Today's commemorated feasts and saints:

SECOND SUNDAY OF LENT – Tone 6. St. Gregory Palamas. Synaxis of the Venerable Fathers of the Kiev Caves Lavra. Ven. Theophanes the Confessor, of Sigriane (818). Righteous Phineas, grandson of Aaron (ca. 1500 B.C.). St. Gregory Dialogus, Pope of Rome (604). Ven. Simeon the New Theologian (1021).



“BEHOLD, THE BRIDEGROOM COMES AT MIDNIGHT!”

In the Gospel of St. Matthew, we find the chilling PARABLE OF THE 10 VIRGINS. According to wedding customs at the time of our Lord, a groom was expected to go for his bride at her father's house. Young maidens were assigned to meet the groom with burning lamps and escort him to the one he was to marry. Christ relates how 5 of these maidens took extra oil with them when they went to carry out this task, while the other 5 did not. The bridegroom was delayed and the virgins fell asleep, with their lamps burning.

Finally at midnight, the bridegroom arrived, and the 5 foolish virgins who were caught unprepared had to go out and purchase more oil. By the time they returned, they were shut out of the marriage feast, forced to hear the stinging words of the bridegroom: "Truly I say, I do not know you."

This message is particularly appropriate for our consideration during Great Lent, THE SEASON OF REPENTANCE. A certain urgency is attached to the penitential process now, as we are warned that our lives can come to an end "in the twinkling of an eye." Returning to God through CONFESSION and CONTRITION, therefore, may be viewed as a perfect example of the wise saying: "Don't put off until tomorrow what you can do today." Indeed, tomorrow may never come!

It must be noted that in our Church, a special service – The Bridegroom Matins – is celebrated the first 3 evenings of Holy Week, stressing this important message: "Behold, the Bridegroom comes at midnight, blessed is the servant that He shall find watching. And unworthy is the servant whom He shall find heedless."

The Orthodox Weekly Bulletin Vestal, Cliffwood, New Jersey Litho in U.S.A.

SCHEDULE ALL SERVICES LIVE STREAMED.

Matins Gospel: Luke 24: 36 – 53 (*6th Matins Gospel*)

Today's Epistle: Hebrews 1: 10 – 2: 3 **Gospel:** Mark 2: 1 – 12
(*St Gregory Palamas*) Hebrews 7: 26 – 8: 2 John 10: 9 – 16

Reader: Matthew

Today 9:30 am Liturgy of St Basil, procession with icons
Tuesday 12:00 noon Lenten Hours & Typika
Wednesday 6:30 pm Pre-Sanctified
Friday 6:30 pm Pre-Sanctified, followed by adult ed.
Saturday 4:45 pm Panikhida, Soul Saturday
5:30 pm Vespers
Sunday 9:30 am Liturgy of St Basil

Next Sunday's Epistle: Hebrews 4: 14 – 5: 6 **Gospel:** Mark 8: 34 – 9: 1 (*Cross*)

Reader: James

Office Hours: Tuesday & Thursday, 10:30 am – 12:00 noon. **Confessions:** After Saturday Vespers and by appointment.

Receiving Holy Communion: We should draw near to our Lord and God and Savior, Jesus Christ, and receive Holy Communion often. Orthodox Christians, who have prepared themselves through prayer and fasting, and are at peace with all men, and have attended the Divine Liturgy from the beginning, (or, at the very least, have not missed the Gospel), and have made a recent Confession, should draw near. Others should diligently seek to be properly disposed and prepared as soon as possible.

Announcements:

Our Bulletins (\$60.00)

Our Altar Wine (\$40.00)

Our Altar Candles (\$40.00)

Our Altar Incense (\$20.00)

Vigil – Golgotha I (\$7.00 /wk)

Vigil – Golgotha II (\$7.00 /wk)

Vigil – Prothesis (\$7.00 /wk)

- Broncă: Gabriela, Robert, & Carmen Iuliana. Good health, & help in need. Repose: Tasié.

- Sogokon: for the health of Zoya, Vladimir, Irina, Anastasia, Vladmir, Vladimir.

Alla Slobodskaya

Izolda (Zoya) & Vladimir Sogokon

Gabriela Broncă & family good health & help in our needs.

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Caratās family

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2nd Sunday of Great Lent, on which we commemorate St Gregory Palamas. Pascha is April 16. Next Sunday is the Sunday of the Cross, procession of the Cross next Saturday after vespers.

Confessions before Presanctified, after Hours on Tuesday, after Vespers on Saturday, or by appointment.

Diocese of the West Lenten Charity is the the diocese of Alaska.

2023 Wall Calendars are here at the Candle stand. Requested donation this year, \$8.00. There is now no limit on calendar purchases.

A House blessing request may be obtained from Fr Yousuf.

Adult Education during Great Lent follows the Friday Presanctified. On Orthodox Worship

Coffee Hour please consider signing up.

Lectionary. During Lent, we read (mostly), Mark & Hebrews on Weekends, and Isaiah, Genesis, and Proverbs on weekdays.

Coffee Hour, This Week: - Next Week: -

USEFUL INFORMATION

Donations We now have a [Tithe.ly](https://tithe.ly) page to make donating to the parish easy. Just click this link: <https://tithe.ly/give?c=1324837>. Thank you and God bless!

Streamed serices can be viewed at our website <https://stinnocenttarzana.org/livestream> or <https://stinnocenttarzana.org/facebook>, the streamed services are also uploaded here <https://www.youtube.com/channel/UCEhqUqTl5kDekOrPPERcy5g>.

The daily readings and saints may be found here: <https://stinnocenttarzana.org/dailyreadings>.

Troparion, Resurrection – Tone 6

The angelic powers were at Thy tomb; / the guards became as dead men. / Mary stood by Thy grave, / seeking Thy most pure body. / Thou didst capture hell, not being tempted by it. / Thou didst come to the Virgin, granting life. // O Lord who didst rise from the dead: glory to Thee!

Troparion, St Gregory Palamas – Tone 8

O Light of Orthodoxy! Teacher of the Church. Its Confirmation! / O Ideal of Monks and invincible Champion of Theologians! / O wonder-working Gregory, glory of Thessalonica and Preacher of Grace! // Always intercede before the Lord that our souls may be saved!

Kontakion, St Gregory Palamas – Tone 8

O Holy and divine instrument of wisdom, / joyful trumpet of theology, / together we sing thy praises, O God-inspired Gregory. / Since thou now standest before the Original Mind, guide our minds to Him, O Father, // so that we may sing to thee: “Rejoice, O preacher of grace!”

Kontakion, Triodion, 2nd Sunday – Tone 4

Now is the time for action! / Judgment is at the doors! / So let us rise and fast, / offering alms with tears of compunction and crying: / Our sins are more in number than the sands of the sea; /but forgive us, O Master of All, // so that we may receive the incorruptible crowns.

Recommended Reading for Lent: (in order), 1 **Great Lent: A School of Repentance**, a pamphlet/booklet by Fr Alexander Schmemmann. 2 **Great Lent: The Journey to Pascha**, a full book by Fr Alexander Schmemmann, 3 The introductory material in “**The Lenten Triodion**” by Met Kallistos Ware, 4 “**The Lenten Spring**” readings for every day of Lent by Fr Thomas Hopko. 5 Reading as much as possible from the Triodion itself.

From the Triodion, for St Gregory Palamas, by Philotheus

Lord, I Call ... Tone 2, Podoben: *With what crowns of praise...*

What hymns of praise shall we sing in honor of the holy bishop? / He is the trumpet of theology, / the herald of the fire of grace, / the honoured vessel of the Spirit, / the unshaken pillar of the Church, / the great joy of the inhabited earth, / the river of wisdom, / the candlestick of the light, // the shining star that makes glorious the whole creation.

What words of song shall we weave as a garland, to crown the holy bishop? / He is the champion of true devotion and the adversary of ungodliness, / the fervent protector of the Faith, / the great guide and teacher, / the well-tuned harp of the Spirit, / the golden tongue, / the fountain that flows with waters of healing for the faithful, // Gregory the great and marvellous.

With what words shall we who dwell on earth praise the holy bishop? / He is the teacher of the Church, / the herald of the light of God, / the initiate of the heavenly mysteries of the Trinity, / the chief adornment of the monastic life, / renowned alike in action and in contemplation, / the glory of Thessalonica; / and now he dwells in heaven with the great and glorious martyr Demetrius, // whose relics flow with holy oil.

Tone 6

Thrice-blessed saint, / most holy father, / good shepherd and disciple of Christ the Chief Shepherd, / thou hast laid down thy life for thy sheep. / And now in thine intercessions, O God-bearing Gregory our father, // pray that great mercy may be granted to our souls.

The Apostikha - Tone 8

Thy tongue, watchful in teaching, rings in the ears of our heart / and awakens the souls of the slothful. / Thy words, inspired by God, / are a ladder leading us from earth to heaven. / O Gregory, wonder of Thessaly, / Pray to Christ without ceasing, // That we who honor thee may be illumined with the divine light.

Of our charity, remember in your prayers:March 12th, 2023**Special Intentions:**

Christians of Syria, Egypt; Met. Paul, Abp. John, in captivity.
 Natalya & Alla in Donetsk
 Metropolitan Onuphry of Kiev

sister Oksana McGovern & family

The Sick and those in need of health:

Archbishop Benjamin,
 Archpriests Nicolas Boldireff, Paul Waisanen, George Gray, Michael Regan, Andrew Jacobs; Moses Berry; John Armstrong.
 Abbess Susanna; Protodcn Nicholas Jannakos;
 Matushki Alexandra Safchuk, Elizabeth Powell, Clara Mancantelli, Suzanne Senyo; Maria Vallens, Priscilla Shipley, Jean Moore;
 Monk John. Deacon Mark Story, Robert Peterson, Marios Perez, Barbara Anderson, Monika Cleenewerck, Marea Kuolt. OCA-DOW
 Manya Prybyla, Gregory Theophan Hoffberg; Virginia, Levon; Edmund Roschak, Darka Raicevich; Karen Olds;
 Alla Miller, Mike Shinkarik, Andrew Sturmer; Bridget Merrydy Strand, Assia Alexander, Scott T. Karen T., Dmitri G., Kyra;
 Bill & Linda Phillips; Ed Salm; Raphael; Magdalena Elizabeth; Ludmilla, Anna, Margarita Maximova, Gayle Anne, Our Parish
 Nick Davidovich.
 Basil Rosiczka
 Lea Ann (Leah) Bochnak Laura Bochnak
 Vladimir Anya
 Laura, Eladia Manya Prybyla
 Matthew, Alison. Thaddeus Wojcik
 Mildred Sturmer, Susan Sturmer family
 Martha Yarbrough Yarbrough family
 Margaret Banescu, Vona Leslee Christie, Hope Peacock and family. Banescu family
 Euphemia Marie Cox John Ambrose Cox
 George. Mihai Maria Caratás
 Mary, George Laurentiu, cancer treatment. Florentina
 Barbara, Steve Scott & the Thompson family
 Angela Apostol Constantine Apostol
 Yekaterina Lydia
 Lydia Manya Prybyla
 Hieromonk Ambrose (Young), Nicholas Juried & Amy. Archriest Michael Carney, Fr. Yousuf
 Vladimir Boldireff Fr. Nicholas Boldireff
 Matushka Sophia Haloulakos Protodeacon George Haloulakos
 Christina Dudchenko, Dcn. Sergius Miller, Kevin, Cecilia Gonzalez-Andrieu. Deacon Nicholas Denysenko & family
 Michael Rogozik
 Yulia.
 Lya, Marie, Yvonne Gay Butu
 Timofey Dilaria
 Kristina DeBree Kevin Patrick DeBree
 Reader John, Catherine, Dianna Bowen. Danks family
 Ruben Richard & Yolanda Durham
 Walter Irina
 Larry & Emma Abbe Kulhanek
 Anna Elena
 Pearl Ruggiero. Sheena Wickens, Veronica Clarkson, Anna Cruz, Anna Rossiter; Ward; Griselda Leon. Diane Rhodes
 Bruce Anderson, Audrey Anderson. Subdeacon Polycarp Anderson & family
 Larry McHargue; Laura; Robert; Kenny; Bill & Sara Love Anne McHargue Witz & family

Those Serving in the Armed Forces
 Peter, Elijah Hoffberg, Ronnie (Barnabas) Austin, Basil, Shae, Ian & Henry.

For the Health and Salvation of the servants of God:
 Catechumen: Dalen, Kelly, & Jamie, & Timothy Muster; Cameron; Melanie.
 newly Illumined Basil Bryce ;
 New born Orion Igor & Luda
 newly Illumined Nikolina Jovanna & Ilja
 Zlata Okunev, Artemi & Erica
 Chelsea Claire Nordstrom Matthew & Chloe Nordstrom
 Sebastian James Siskos Presvytera Wiborada Vickie Hoffberg Siskos & Priest Christian Siskos
 Charlotte, parents Jonathan & Michaela Durham
 Vitaly, Lyubov, Ella, Karen, Oksana, Valentina, Irina, Sofiya, Vladimir, Olga, Natalya, Tatyana, Irina, Elena, Evgeny. Tikhvin icon donors
 Alla, Dmitriy Jr., Dmitriy, Igor, Elena, Juliya, Tamara, Fredi. Alla Slobdskaya
 Elena, Marisa, Dimitrios (Jimmy), Nicholas, Alexander, Dimitrios, Dionisius. + Lola Macrina
 Sherri, Nathanael, & Christopher, Amelia Marie.
 Aiden Frederick Parrish, Micah Parrish, new born Chloe Alyssa & Cyprian Parrish
 New born Thomas John Martin Lawman. Verity Annabelle Mary; Constance Alexandra. Alicia & Joshua Lawman
 Newly illumined Matthew; Nicholas Damiano, Magdalena Elizabeth. Stephen & Marisa Thompson
 Elijah, parents Aika & Dmitri Goudkov
 new born Rowan. Galina. Yelena, Anna, Wolfgang
 Margarita, Christopher, John, Lauren, Ekaterina. Margarita Maximova
 Catalina, Sofia, Florentina, Doina. Calugaru family

Of our charity, remember in your prayers:

For the repose of the souls of the departed servants of God:

March 12th, 2023

Newly Departed Bishop Tikhon +Jan 22, 2023 DoW
Newly Departed Hieromonk Vonifaty, Schemanun Savva
Newly Departed Aleksandr Alla Slobdorskaya
Newly Departed Miroslov Vesna & Marko
Newly Departed Antonia Subdcn. Polycarp & Marquelle Anderson
Newly Departed Boris mother Antonina, sister Anastasia
Newly Departed Bob Fisher SFV AA
Newly Departed Yevgeny
Newly Departed Serge Boldireff, +Feb 5, 2023 brother Fr Nicholas
Newly Departed Olga, +Feb 3. god-mother Mariya
Newly Departed Eugenia Kalfayants + Jan 18, 2023 son Artur & Inna Kalfayants
Newly Departed Evelyn; Mark Gay Butu
Newly Departed Don Williams +Dec 30, 22; Janette Williams + Jan 1, 23. Diane Elizabeth Rhodes
Newly Departed Nelly Boudarina, +Jan 4, 2023 Igor
Mitred Archpriest Sergei Glagolev, +Sep 1, 2021, Matushka Gerry (Evgenia) Glagolev. +May 23, 2022. Christia, Marina, John & family
Matushka Anisia Boldireff +Sep 1, 2021 Archpriest Nicholas, Nathalie, Tamara, Marina, Michael & family
Matushka Tresja Denysenko Deacon Nicholas & Sofia Denysenko & family
+Mar 12: Archpriest John Zitinsky, 1958; Mitred Archpriest Sergei Leporsky, 1969; OCA
Archpriest Peter Bourdukofsky, 2005; Archpriest Victor Sokolov, 2006
Germogen & Olga Stephanenko Larissa, Tatiana
Valentina Irina Jackson
Cor Brevet Delabruinene Natalya Slusar Nosa & family
Rodney Lake + May 20, 2021. son-in-law & daughter Thaddeus & Jacqui Wojcik
Paul Prybyla. +Jan, 10, 2021 Many & family
Barbara Johnson daughter Nancy Smollen
Stanislava daughter Milena; family
Hormuzd (Emmanuel) Rassam, + Dec 21, 2022. wife Kaye Rassam, son Fr Yousuf Rassam, daughter Najma Fowner & family
Nun Seraphima (Anna Kremenetskaya) Konstantin, Taissia, Vladimir, Ioann Kremenetsky
Nun Nonna (Verna Harrison)
Igor
Lola Macrina
Edward Michael & Joan Sutyak Tamara, Christina, Michael, Anne & family
Leon & Claudine Snyder daughters Laura & Carol, & family
Dmitri Boris
David Mitred Archpriest Ian & Matka. Nina MacKinnon, DOW
Deacon Hennok Soot DoW, Matushka Mariamna Soot, Fr Stephen Soot family, Mark & Olga Soot family
Evdokiya, Anatoliy, Domnikiy, Semen, Feodosiy, Ella, Grigoriy, Nadejda, Konstantin, Svetlana,
Valentina, Anna, infant Anatoliy, Olga, Anna, Peter. Alla Slobdorskaya
Anne Lewandowski + Raissa Dulian
Marina, Alexandra, Petr, Boris, Tatiana. Margarita Maximova
Priest Anatoly + Sep 9.
Rebecca Svetlana (Photini) Gushard son Wade Aiden Greer, Fr Yousuf