

## St Innocent Orthodox Church

The Church St Innocent of Irkutsk is a parish of the Diocese of the West,  
The Orthodox Church in America (OCA)

5657 Lindley Ave. Tarzana, CA 91356. Church Office: (818) 881 - 1123

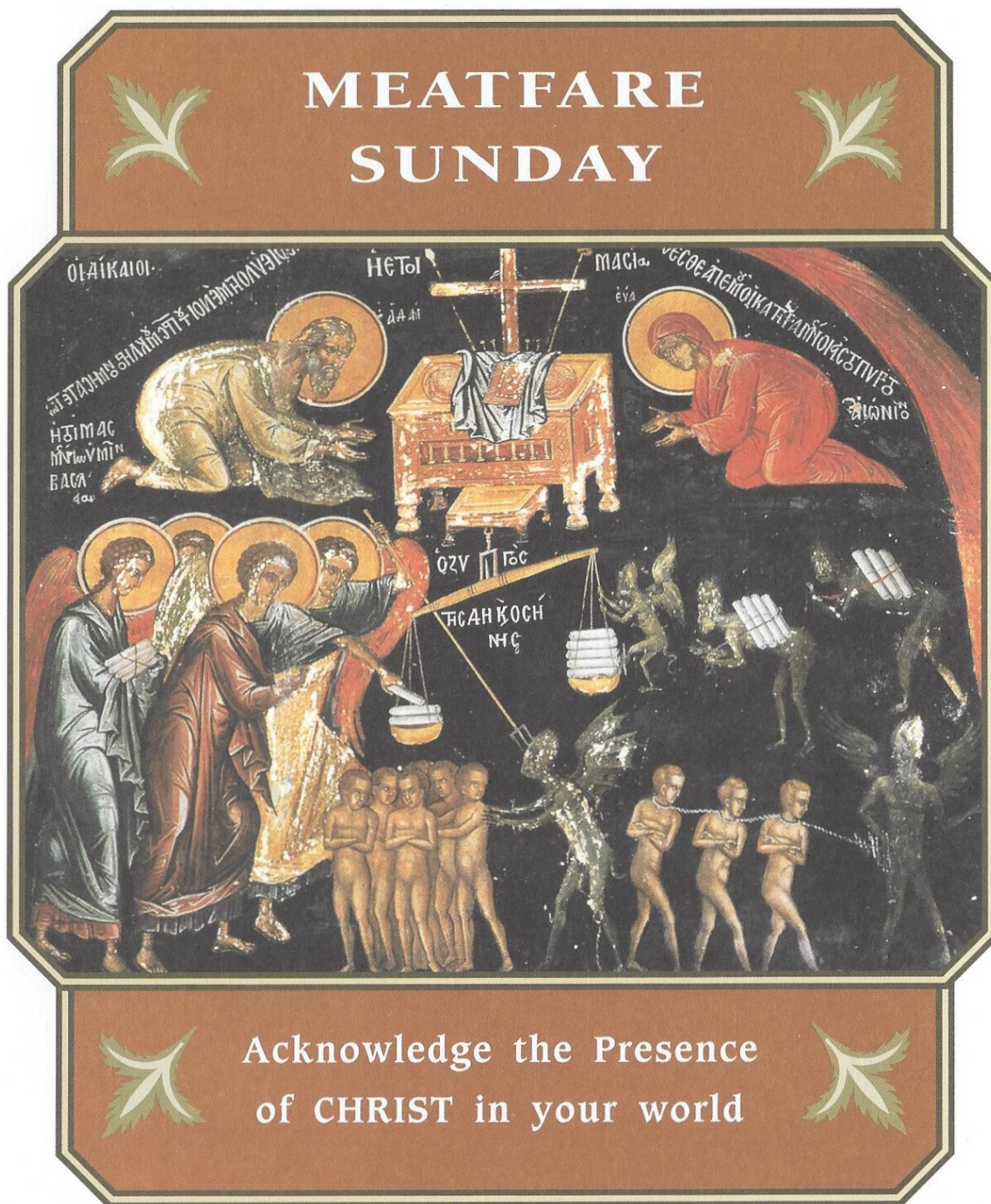
[stinnocenttarzana.org](http://stinnocenttarzana.org)

Fr. Yousuf Rassam

March 10<sup>th</sup>, 2024

Today's commemorated feasts and saints:

**SUNDAY OF MEATFARE – Tone 7. Sunday of the Last Judgment.** Martyr Quadratus and those with him: Cyprian, Dionysius, Anectus, Paul, Crescens, Dionysius (another), Victorinus, Victor, Nikēphoros, Claudius, Diodorus, Serapion, Papias, Leonidas, Chariessa, Nunechia, Basilissa, Nice (Nika, Victoria), Galla, Galina, Theodora, and many others, at Corinth (258, 267-268). Martyrs Quadratus, Saturninus, Rufinus, and the rest, of Nicomedia (3rd c.). St. Anastasia the Patrician of Alexandria (567-568).





## JUDGING BOTH THE LIVING & THE DEAD

**W**hen our Lord came down from heaven initially, He entered the world as a helpless Babe. He promised, however, that His "second coming" would be entirely different. When He returns to us, Christ will come to pass judgment on all mankind. In the words of St. Paul: "We must all appear before the dread judgment seat of Christ."

Judgment Day has been portrayed as a terrifying event. Scriptures tell us of the sudden swiftness with which Christ will return, and the stern manner in which He will deal with sinners, condemning them to a place of everlasting fire and eternal punishment. Listen, for example, to the words of the Kondakion for Meatfare Sunday: "When You will come to earth in glory, O God, all things will tremble before You. The river of fire will flow before Your judgment seat, and the books will be opened and all hidden things will be revealed."

Faithful followers of Christ, however, need not fear His return! On the contrary, we should all eagerly await this blessed day, for it will afford us the opportunity to achieve our ultimate spiritual goal: to be with the Lord in His heavenly kingdom.

What will determine whether our Lord will invite us to "come, inherit the kingdom" or "depart, you accursed ones?" Ultimately, WE will decide our own fate with our actions during our lifetime. Have we cared for the needy? Have we helped the poor and oppressed? Have we answered the cries for assistance from those less fortunate? After all, how can we claim to love the Lord if we have not been charitable to even the least of His brethren?

May we all prepare for the final day every day of our life! If we live in accordance with Christ's commandments in this world, we will certainly be with Him in the world to come.

*The Orthodox Weekly Bulletin* . . . . . Vestal, Cliffwood, New Jersey . . . . . Litho in U.S.A.

### SCHEDULE ALL SERVICES LIVE STREAMED.

**Matins Gospel:** John 20: 1 – 10 (*7<sup>th</sup> Matins Gospel*)

**This Week's Epistle:** 1 Corinthians 8: 8 – 9: 2 **Gospel:** Matthew 25: 31 – 46 (*Last Judgment*)

**Reader:** Matthew

**Today** 9:30 am Liturgy

**Thursday** 6:30 pm Moleben w/ Kontakion of Adam's Lament

**Saturday** 5:30 pm Great Vespers

**Sunday** 9:30 am Liturgy

**Next Week's Epistle:** Romans 13: 11 – 14: 4 **Gospel:** Matthew 6: 14 – 21 (*Forgiveness*)

**Reader:** James

**Office Hours:** Tuesday & Thursday, 10:30 am – 12:00 noon. **Confessions:** After Saturday Vespers and by appointment.

**Receiving Holy Communion:** We should draw near to our Lord and God and Savior, Jesus Christ, and receive Holy Communion often. Orthodox Christians, who have prepared themselves through prayer and fasting, and are at peace with all men, and have attended the Divine Liturgy from the beginning, (or, at the very least, have not missed the Gospel), and have made a recent Confession, should draw near.

Others should diligently seek to be properly disposed and prepared as soon as possible.

### Resources for this Sunday

[Sunday of the Last Judgment: Readings & Hymns](#)

[The Great Fast: To See Christ as He Is, by Archbishop Dmitri](#)

[Great Lent: A School of Repentance by Fr. Alexander Schmemmann](#)

### Announcements:

Our Bulletins (\$60.00)	Alla Slobodskaya
	Izolda (Zoya) & Vladimir Sogokon
Our Altar Wine (\$40.00)	Gabriela Broncă & family good health & help in our needs.
Our Altar Candles (\$40.00)	Gabriela Broncă & family good health & help in our needs.
Our Altar Incense (\$20.00)	Gabriela Broncă & family good health & help in our needs.
Vigil – Golgotha I (\$7.00 /wk)	-
Vigil – Golgotha II (\$7.00 /wk)	-
Vigil – Prothesis (\$7.00 /wk)	-
- Broncă: Gabriela, Robert, & Carmen Iuliana. Good health, & help in need. Repose: Tasie.	
- Sogokon: for the health of Zoya, Vladimir, Irina, Anastasia, Vladimir, Vladimir.	

**Today is the Sunday of the Last Judgment**, the third ‘pre-Lent’ Sunday. Today is the last day for eating meat. This coming week, we do not eat meat, but otherwise we may eat milk, cheese, and eggs all week, including Wednesday & Friday. Forgiveness Sunday is next Sunday, March 17. Everyone who considers this their home parish should attend the Forgiveness Vespers on that date. Great Lent begins on March 18; Pascha is May 5.

**Maslenitsa** – there will be a blini dinner after Forgiveness Vespers on March 17<sup>th</sup>, the last day before Lent.

**Sunday of Orthodoxy Vespers, Sunday March 23<sup>rd</sup>, 2024, 5:00 pm, at Holy Virgin Mary Cathedral, 650 Micheltorena St. Los Angeles.** Hosted by our Archbishop Benjamin. Following Vespers, in the Parish Hall: Reception.

**2024 Wall Calendars** are here at the Candle stand. Requested donation this year, \$10.00.

**Weekly Moleben & Adult Education** will take place this week on Thursday.

**Lectionary.** The Church Lectionary is reading chosen pre-lent readings on Sundays, and on on weekdays: 3 John, Jude & Mark.

**Coffee Hour, This Week:** Meatfare **Next Week:** Blini-Maslenitsa

### USEFUL INFORMATION

**Donations** We now have a [Tithe.ly](https://tithe.ly) page to make donating to the parish easy. Just click this link: <https://tithe.ly/give?c=1324837>. Thank you and God bless!

**Streamed serices can be viewed** at our website <https://stinnocenttarzana.org/livestream> or <https://stinnocenttarzana.org/facebook>, the streamed services are also uploaded here <https://www.youtube.com/channel/UCEhqUqTl5kDekOrPPERcy5g>.

The daily readings and saints may be found here: <https://stinnocenttarzana.org/dailyreadings>.

### Troparion, Resurrection – Tone 7

By Thy Cross Thou didst destroy death! / To the thief thou didst open paradise! / For the myrrhbearers, Thou didst change weeping into joy! / And Thou didst command Thy disciples, O Christ God, / to proclaim that Thou art risen, // granting the world great mercy!

### Kontakion, Triodion, Last Judgement – Tone 1

When Thou, O God, shalt come to earth with glory, / all things shall tremble, / and the river of fire shall flow before Thy judgment seat; / the books shall be opened, and the hidden things disclosed; / then deliver me from the unquenchable fire, // and make me worthy to stand at Thy right hand, O Righteous Judge!

**Of our charity, remember in your prayers:**

**March 10<sup>th</sup>, 2024**

**Special Intentions:**

Christians of Syria, Egypt; Met. Paul, Abp. John, in captivity.

Natalya & Alla in Donetsk

sister Oksana McGovern & family

Metropolitan Onuphry of Kiev, the brotherhoods of the Kiev Caves Lavra, the Pochayiv Lavra, & Svyatohirsk Lavra. The faithful of the Transfiguration Cathedral in Odessa, destroyed by shelling.

**The Sick and those in need of health:**

Archbishop Benjamin,

Archpriests Anthony Karbo, Nicolas Boldireff, Paul Waisanen, George Gray, Michael Regan, Andrew Jacobs; John Armstrong.

Abbess Susanna;

Matushki Alexandra Safchuk, Elizabeth Powell, Clara Mancantelli, Suzanne Senyo; Maria Vallens, Jean Moore;

OCA-DOW

Deacon Mark Story, Robert Peterson, Marios Perez, Barbara Anderson, Monika Cleenewerck, Marea Kuolt.

Manya Prybyla, Gregory Theophan Hoffberg; Leontina Himber; Virginia, Levon; Edmund Roschak, Darka Raicevich;

Karen Olds; Alla Miller, Mike Shinkarik, Andrew Sturmer; Bridget Merridy Strand, Assia Alexander, Scott T. Karen T.,

Dmitri G., Kyra; Linda Phillips; Ed Salm; Raphael; Magdalena Elizabeth; Ludmilla, Anna, Margarita Maximova,

Gayle Anne; Lana,

Our Parish

Jelica, Zharko

Darka, Ilija & Jovanna

Lea Ann (Leah) Bochnak

Laura Bochnak

Pia

sister Julia Azrael

Vladimir

Anyia

Victoria Wilson

+Bernie Wilson

Laura, Eladia; Lydia

Manya Prybyla

Matthew, Alison.

Thaddeus Wojcik

Mildred Sturmer, Susan

Sturmer family

Martha Yarbrough

Yarbrough family

Margaret Banescu, Vona Leslee Christie, Hope Peacock and family.

Banescu family

Euphemia Marie Cox

John Ambrose Cox

George. Mihai

Maria Caratäs

Mary, George Laurentiu, cancer treatment.

Florentina

Barbara, Steve

Scott & the Thompson family

Angela Apostol

Constantine Apostol

Yekaterina

Lydia

Hieromonk Ambrose (Young), Nicholas Juried & Amy. Archriest Michael Carney,

Fr. Yousuf

Matushka Sophia Haloulakos

Protodeacon George Haloulakos

Christina Dudchenko, Dcn. Sergius Miller, Kevin, Cecilia Gonzalez-Andrieu.

Deacon Nicholas Denysenko & family

Michael Rogozik

Yulia.

Lya, Marie, Yvonne

Gay Butu

Timofey

Dilaria

Kristina DeBree

Kevin Patrick DeBree

Reader John, Catherine, Dianna Bowen.

Danks family

Walter

Irina

Larry & Emma

Abbe Kulhanek

Anna

Elena

Pearl Ruggiero. Sheena Wickens, Veronica Clarkson, Anna Cruz, Anna Rossiter; Ward; Griselda Leon.

Diane Rhodes

Bruce Anderson, Audrey Anderson.

Subdeacon Polycarp Anderson & family

Larry McHargue; Laura; Robert; Kenny; Bill & Sara Love

Anne McHargue Witz & family

**Those Serving in the Armed Forces**

Peter, Elijah Hoffberg, Ronnie (Barnabas) Austin, Shae, Ian & Henry.

**For the Health and Salvation of the servants of God:**

Catechumen: Dalen, Kelly, & Jamie, & Timothy Muster; Emma, Erik.

Orion

Igor & Luda

Nikolina

Jovanna & Ilja

Zlata Okunev, Artemi & Erica

Charlotte, parents Jonathan & Michaela Durham

Vitaly, Lyubov, Ella, Karen, Oksana, Valentina, Irina, Sofiya, Vladimir, Olga, Natalya, Tatyana, Irina, Elena, Evgeny.

Tikhvin icon donors

Alla, Dmitriy Jr., Dmitriy, Igor, Elena, Juliya, Tamara, Fredi.

Alla Slobdoskaya

Elena, Marisa, Dimitrios (Jimmy), Nicholas, Alexander, Dimitrios, Dionisius.

+ Lola Macrina

Elijah, parents Aika & Dmitri Goudkov

Rowan. Galina.

Yelena, Anna, Wolfgang

Margarita, Christopher, John, Lauren, Ekaterina.

Margarita Maximova

Catalina, Sofia, Florentina, Doina.

Calugaru family

Sherri, Nathanael, & Christopher, Amelia Marie.

**Of our charity, remember in your prayers:**

**For the repose of the souls of the departed servants of God:**

**March 10<sup>th</sup>, 2024**

Newly Departed Elena + Feb 29, 2024

daughter-in-law Anna Shcheglova

Newly Departed Nina

Newly Departed Mariya, Mariya

Newly Departed Valentine

Gay Butu

Newly Departed Aleksei

Newly Departed Matushka Mariamna Soot, + Jan 16, 2024

DoW, Fr Stephen Soot family, Mark & Olga Soot family

Newly Departed Ludmilla

Newly Departed Mariya

Newly Departed Milton Knox, +Feb 22, 2024.

Diane Rhodes

Mitred Archpriest Sergei Glagolev, +Sep 1, 2021, Matushka Gerry (Evgenia) Glagolev. +May 23, 2022.

Christia, Marina, John & family

Matushka Anisia Boldireff +Sep 1, 2021

Archpriest Nicholas, Nathalie, Tamara, Marina, Michael & family

Matushka Tresja Denysenko

Deacon Nicholas & Sofia Denysenko & family

+ March 10: Priest Alexis Mihailovsky, 1913; Deacon Victor Angelescu, 1985; Archpriest Gabriel Gabrieloff, 1990;

Leonard Soroka, Choir Director, 2019.

OCA

Subdeacon Patrick Bernard Wilson

Diane, Victoria, Nicholas, & Stephen Wilson & family

Germogen & Olga Stephanenko

Larissa, Tatiana

Matushka Priscilla Shipley +Sep 10, 2023

Fr Ian Shipley & family, DoW

Valentina

Irina Jackson

Cor Brevet Delabruinene

Natalya Slusar Nosa & family

Rodney Lake + May 20, 2021.

son-in-law & daughter Thaddeus & Jacqui Wojcik

Paul Prybyla. +Jan, 10, 2021

Manya & family

Nicholas Vasiliev Davidovich, +October 12, 2022

Barbara Johnson

daughter Nancy Smollen

Stanislava

daughter Milena; family

Hormuzd (Emmanuel) Rassam, + Dec 21, 2022.

wife Kaye Rassam, son Fr Yousuf Rassam, daughter Najma Fowner & family

Nun Seraphima (Anna Kremenetskaya)

Konstantin, Taissia, Vladimir, Ioann Kremenetsky

Nun Nonna (Verna Harrison)

Igor

Lola Macrina

Edward Michael & Joan Sutyak

Tamara, Christina, Michael, Anne & family

Leon & Claudine Snyder

daughters Laura & Carol, & family

Dmitri

Boris

David

Mitred Archpriest Ian & Matka. Nina MacKinnon, DoW

Deacon Hennok Soot

DoW, Fr Stephen Soot family, Mark & Olga Soot family

Evdokiya, Anatoliy, Domnikiy, Semen, Feodosiy, Ella, Grigoriy, Nadejda, Konstantin, Svetlana,

Valentina, Anna, infant Anatoliy, Olga, Anna, Peter.

Alla Slobdoskaya

Anne Lewandowski

+ Raissa Dulian

Marina, Alexandra, Petr, Boris, Tatiana.

Margarita Maximova

Hieromonk Vonifaty, Schemanun Savva, Priest Anatoly + Sep 9, 22; Monk Aristokliy June 1, 22; Andrei Vasilenko, April, 23; Archpriest Nikolay

Palahnyuk, June 13, 23; John Markevich, Oct, 23; Viktor Kotlishyn, Oct 19 23;

Rebecca Svetlana (Photini) Gushard

son Wade Aiden Greer, Fr Yousuf

Basil Rosiczka

### **At the Apostikha on Sunday evening: Tone 8**

Through greed we underwent the first stripping, overcome by the bitter tasting of the fruit, and we became exiles from God. But let us turn back to repentance and, fasting from the food that gives us pleasure, let us cleanse our senses on which the enemy makes war. Let us strengthen our hearts with the hope of grace, and not with foods which brought no benefit to those who trusted in them. Our food shall be the Lamb of God, on the holy and radiant night of His Awakening: the Victim offered for us, given in communion to the disciples on the evening of the Mystery, who disperses the darkness of ignorance by the Light of His Resurrection.<sup>1</sup>

---

1 Heb. 13: 10; John 1: 29; I Cor. 5: 7-8; 11: 24.

**Lord, I call. Tone 6 – Podoben:** *“Having placed all their hope ...”*

When Thou shalt come, O righteous Judge, / to execute just judgment, / seated on Thy throne of glory, / a river of fire will draw all men amazed before Thy judgment-seat; / the powers of heaven will stand beside Thee, / and in fear man kind will be judged / according to the deeds that each has done. / Then spare us, Christ, in Thy compassion / with faith we entreat Thee, / and count us worthy of Thy blessings, // with those that are saved.

The books will be opened / and the acts of men will be revealed before the unbearable judgment seat; / and the whole vale of sorrow shall echo with the fearful sound of lamentation, / as all the sinners, weeping in vain, / are sent by Thy just judgment to everlasting torment. / Therefore, we beseech Thee, O compassionate and loving Lord: / spare us who sing Thy praise, // for Thou alone art rich in mercy.

The trumpets shall sound and the tombs shall be emptied, / and all mankind in trembling shall be raised. / Those that have done good shall rejoice in gladness, / waiting their reward; / those that have sinned shall tremble and bitterly lament, / as they are sent to punishment / and parted from the chosen. / O Lord of glory, / take pity on us in Thy goodness, / and count us worthy of a place // with them that have loved Thee.

I lament and weep when I think of the eternal fire, / the outer darkness and the nether world, / the dread worm and the gnashing of teeth, / and the unceasing anguish that shall befall those who have sinned without measure, / by their wickedness arousing Thee to anger, O Supreme in love. / Among them in my misery, I am first, / but, O Judge compassionate, // in Thy mercy, save me.

*verse:* **Glory to the Father, and to the Son, and to the Holy Spirit;**

*from the Lenten Triodion, for the Sunday of the Last Judgement*

**Tone 8**

When the thrones are set up and the books are opened  
and God sits in judgment,  
what fear there will be then!

When the angels stand trembling in Thy presence  
and the river of fire flows before Thee,  
what shall we do then, guilty of many sins?

When we hear Him call the blessed of His Father into the Kingdom  
but send the sinners to their punishment,  
who shall endure His fearful condemnation?

But Saviour who alone lovest mankind,  
King of the ages, before the end comes //  
turn me back through repentance and have mercy on me.

### **The Apostikha – Tone 8**

Alas, black soul! / How long wilt thou continue in evil? / How long wilt thou lie in idleness? / Why dost thou not think of the fearful hour of death? / Why dost thou not tremble at the dread judgment seat of the Savior? / What defense wilt thou make, or what wilt thou answer? / Thy works will be there to accuse thee; / thine actions will reproach thee and condemn thee. / O my soul, the time is near at hand; / make haste before it is too late, / and cry aloud in faith: / I have sinned, O Lord, / I have sinned against Thee; / but I know Thy love for man and Thy compassion. / O good Shepherd, // deprive me not of a place at Thy right hand in Thy great mercy.